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# New York State Alcohol and Drug Abuse Identification Training

## Overview of Units, Lessons, and Objectives



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**PDP**

Professional Development Program  
Rockefeller College, University at Albany

In collaboration with  
NYS Office of Temporary and Disability Assistance,  
Office of Transitional Supports & Policy  
NYS Office of Alcoholism and Substance Abuse Services





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# Unit 1

## Overview of Substance Related Disorders

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### Importance

Substance related disorders pose a significant obstacle to your client's abilities to achieve financial self-sufficiency by getting a keeping a job.

This overview unit is designed to:

- Raise your level of awareness about the effects of substance related disorders on the individual and the family, especially on women who are single parents in the TANF population.
  - Provide you information about the stages of abuse, dependence and recovery in order to help you understand the breadth and depth of the problem.
  - Show you the benefits of early identification and treatment not only for yourself but also for the community at large.
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### Overview

This unit consists of four lessons.

- Introduction to Alcohol and Drug Abuse Identification Training
  - Understanding Substance Abuse and Dependence
  - Affects of Substance Dependence on the Family
  - Recovery, Relapse, and Treatment
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**Objectives**

By the end of this unit, you will be able to:

- Recognize the breadth and depth of issues related to substance abuse and substance dependence as it relates to clients achieving self-sufficiency.
  - Describe the disease model of addiction.
  - Recognize behavioral and physiological signs of substance abuse and substance dependence.
  - Define recovery and relapse.
  - Recognize the continuum of treatment options for people who have substance related disorders.
  - Have increased empathy for the problems faced by TANF population who have substance related disorders.
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**Lessons and Topics**

Lessons and topics included in this unit can be referenced on the following pages in this manual:

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## Unit 2

### Screening for Alcohol and Drug Abuse

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#### Importance

This unit will help you administer the screening tool more effectively.

The eligibility worker:

- Creates an atmosphere where clients feel comfortable enough to respond honestly to the questions
  - Sets the tone for how the client feels about a referral and possible treatment
  - Plays a critical role in helping clients and their families move along the road to recovery.
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#### Overview

This unit consists of two lessons:

- Analyzing Attitudes to Alcohol and Drug Abuse and Dependence
  - Using the *Alcohol and Drug Abuse Screening Form*
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#### Objectives

By the end of this unit, you will:

- Develop awareness of your attitudes towards alcohol and drug abuse and dependence.
  - Develop a strategy for managing your attitudes so you can work more effectively with clients who are alcohol and drug abusers.
  - Demonstrate effective communication skills while asking the screening questions, including active listening, empathy, and effective questioning.
  - Complete the screening and behavioral observation portions of the screening instrument.
  - Make an effective referral for assessment.
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**Lessons and Topics**

Lessons and topics included in this unit can be referenced on the following pages in this manual:

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