

Informational Letter for SNAP Recipients

Beginning October 1, 2022, some items used to figure the amount of SNAP benefits a household gets will change. These changes are a result of **federally-required** changes to the following standards and deductions.

The “Thrifty Food Plan” (TFP) is the maximum amount of SNAP benefits, per household size. As of October 1, 2022, the new TFP amounts will be:

Household Size	1	2	3	4	5	6	7	8
FFY 2022 Maximum Allotment	\$281	\$516	\$740	\$939	\$1,116	\$1,339	\$1,480	\$1,691

Each additional household member add \$211.00

The minimum SNAP benefit amount that a one or two-person household can receive will be \$23.00 per month.

The SNAP Maximum Excess Shelter Deduction will be \$624.

The standard deduction amounts that will be used in the SNAP budgeting as of October 1, 2022 are:

Household Size	1	2	3	4	5	6+
Standard Deduction	\$193	\$193	\$193	\$193	\$225	\$258

The Standard Utility Allowance (SUA) amounts, as of October 1, 2022:

	New York City		Nassau / Suffolk		Rest of State	
	Old SUA	New SUA	Old SUA	New SUA	Old SUA	New SUA
Heating/Air Conditioning SUA	\$852	\$1,002	\$792	\$932	\$703	\$827
Basic Utility SUA	\$336	\$395	\$311	\$366	\$285	\$335
Phone SUA	\$31 (For all Counties)					

(Note: The SUA values other than the Phone SUA include amounts for water, sewage, and trash collection)

These changes may affect the amount of SNAP benefits you get. Depending on your individual circumstance the amount of your monthly SNAP benefit may not change, or it may decrease or increase as a result of these changes.

The Regulations which allow us to do this are **18 NYCRR 358-3.3(e)(1)(i), 387.10, 387.12 and 387.15.**

Reporting Rules

Most SNAP households with income only have to report changes every six months. Every six months, you either will be asked to recertify, or will be mailed a form for you to use to report changes. **The one exception to this rule is if your household’s gross monthly income becomes more than 130% of the federal poverty level.** Your gross income includes all income any member of your household received during the calendar month before taxes and other deductions are taken out, not the amount you receive when you receive your check.

See Chart Below. The dollar amount shown under your household size shows the new 130% of poverty income limit for your household, as of October 1, 2022. If your household’s gross monthly income becomes greater than this amount, you must report the new gross monthly income amount to your social services office by phone, in writing, or in person within 10 days after the end of the month.

Report Household Gross Income Over the Income Limits Below based on Your Household Size										
HOUSEHOLD SIZE	1	2	3	4	5	6	7	8	9	10
Report if Gross Household Income Goes Over:	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	\$4,029	\$4,541	\$5,052	\$5,564	\$6,076

Some households must report changes in their household circumstances within 10 days of the month following the month in which the change occurred. You must follow this reporting rule if your household has no income at all, if your household has no income from employment and all adults are either over age 60 or disabled, or if you receive SSI/SSD and you live in a state certified group home. Also, if your household contains a seasonal migrant farmworker, or if your household is certified for fewer than four months, or if your household is homeless (“undomiciled”, without any shelter).

The reduction to your SNAP benefits is a federally-mandated mass change to SNAP benefits amounts. Pursuant to federal regulations at 7 CFR 271.7(f), there is no right to a fair hearing to dispute this reduction. If you think some other mistake, such as an improper computation, was made in figuring your SNAP benefits, you may ask for a Fair Hearing within 90 days of when your October 2022 SNAP benefits become available. You can ask for a fair hearing by writing to: Office of Administrative Hearings, New York State Office of Temporary and Disability Assistance, P.O. Box 1930, Albany, New York 12201; Faxing (518) 473-6735; on-line by requesting a form at: <http://www.otda.ny.gov/oah/forms.asp>; or by calling toll-free: 1-800-342-3334.

LEGAL ASSISTANCE: If you think you need a lawyer to help you with this problem, you may be able to get a lawyer at no cost to you by contacting your local Legal Aid Society or other legal advocate group. For the names of other lawyers, check your Yellow Pages under “Lawyers”.