New York State
Alcohol and Drug Abuse
Identification Training

Overview of Units, Lessons, and Objectives

PDP
Professional Development Program
Rockefeller College, University at Albany

In collaboration with
NYS Office of Temporary and Disability Assistance,
Office of Transitional Supports & Policy
NYS Office of Alcoholism and Substance Abuse Services
Unit 1

Overview of Substance Related Disorders

Importance

Substance related disorders pose a significant obstacle to your client’s abilities to achieve financial self-sufficiency by getting a keeping a job.

This overview unit is designed to:

• Raise your level of awareness about the effects of substance related disorders on the individual and the family, especially on women who are single parents in the TANF population.

• Provide you information about the stages of abuse, dependence and recovery in order to help you understand the breadth and depth of the problem.

• Show you the benefits of early identification and treatment not only for yourself but also for the community at large.

Overview

This unit consists of four lessons.

• Introduction to Alcohol and Drug Abuse Identification Training
• Understanding Substance Abuse and Dependence
• Affects of Substance Dependence on the Family
• Recovery, Relapse, and Treatment

Continued on next page
Objectives

By the end of this unit, you will be able to:

- Recognize the breadth and depth of issues related to substance abuse and substance dependence as it relates to clients achieving self-sufficiency.
- Describe the disease model of addiction.
- Recognize behavioral and physiological signs of substance abuse and substance dependence.
- Define recovery and relapse.
- Recognize the continuum of treatment options for people who have substance related disorders.
- Have increased empathy for the problems faced by TANF population who have substance related disorders.

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Unit 2

Screening for Alcohol and Drug Abuse

Importance
This unit will help you administer the screening tool more effectively.

The eligibility worker:

• Creates an atmosphere where clients feel comfortable enough to respond honestly to the questions
• Sets the tone for how the client feels about a referral and possible treatment
• Plays a critical role in helping clients and their families move along the road to recovery.

Overview
This unit consists of two lessons:

• Analyzing Attitudes to Alcohol and Drug Abuse and Dependence
• Using the Alcohol and Drug Abuse Screening Form

Objectives
By the end of this unit, you will:

• Develop awareness of your attitudes towards alcohol and drug abuse and dependence.
• Develop a strategy for managing your attitudes so you can work more effectively with clients who are alcohol and drug abusers.
• Demonstrate effective communication skills while asking the screening questions, including active listening, empathy, and effective questioning.
• Complete the screening and behavioral observation portions of the screening instrument.
• Make an effective referral for assessment.
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