

## What Information Will You Need to Complete Your Application?

- Your name, date of birth and where you live.
- Social Security number.
- The names and ages of people who live with you.
- Your total household income.
- Your monthly expenses.

Please remember to sign your application and not to send in original documents — copies will do just fine.

For the local Social Services Office near you call 1-800-342-3009



Are you 60 years of age or older and having trouble making ends meet?

Every day, seniors just like you use Food Stamps to help buy nutritious food to help stay healthy.

Quickly check your eligibility for Food Stamps and a wide range of other supports at [myBenefits.ny.gov](http://myBenefits.ny.gov)

Call 1-800-342-3009 for more information about Food Stamp Benefits or visit [www.otda.state.ny.us](http://www.otda.state.ny.us) and click on “Programs and Services”



State of New York  
David A. Paterson, Governor

New York State  
Office of Temporary and  
Disability Assistance  
[www.otda.state.ny.us](http://www.otda.state.ny.us)  
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# Every Day, Seniors

## *JUST LIKE YOU*



# Get Food Stamps

## 1-800-342-3009



# FOOD STAMP BENEFITS AND YOU!

Each year in New York, over a million people — just like YOU — help make ends meet, and improve their health and nutrition, by using Food Stamp Benefits. If you are eligible, you are entitled to receive Food Stamps — and you will not be taking them away from anyone. Food Stamps are here to help everyone who qualifies!



You may qualify for Food Stamps even if you work, receive Social Security, Supplemental Security Income (SSI) and/or retirement benefits.

You may also be eligible even if you own a house and/or a car, have money in the bank, or live with others.

Once you qualify for Food Stamp Benefits, you will receive a plastic card that looks like a debit card and allows you to buy groceries at participating stores.

## Easy Ways to Apply

- You can apply at your local Social Services Office — check your phone book or call 1-800-342-3009.
- You can mail your application to the Social Services Office for an interview at a later time.
- You may apply using the internet. For more information go to: [www.myBenefits.ny.gov](http://www.myBenefits.ny.gov).
- You can have another adult apply for you.
- You can also have a phone interview if you can not get to the office for the interview or don't have anyone to go for you.

## What Are the Income Guidelines?

The Food Stamp program uses income and certain verified expenses, such as shelter costs and medical expenses, in order to determine your eligibility and benefit amount.

### Income Guidelines for Seniors 60 years of age or older:

Number in Your Household	Monthly Income*
1	\$1,805
2	\$2,428

\*These guidelines are based on October 1, 2009 levels. Income levels change annually; this is just a guide.

You can still be eligible for Food Stamps even if you have money in your checking or savings accounts or own your own home.



If your income is more than the amounts listed, but you have high costs for housing, medical expenses and/or utilities, you MAY still be eligible for Food Stamp Benefits. Your Social Services worker will determine this for you.

