

# Mete bon jan kalite manje sou tab ou



Pwogram Avantaj Asistans Nitrisyon Sipleman (SNAP) ka ede w mete bon jan kalite manje sou tab ou.

Pou aprann plis sou avantaj SNAP, vizite [otda.ny.gov](https://otda.ny.gov) oswa rele nan **800-342-3009**

**Sèl fason pou konnen si w kalifye se pou aplike.**

Tcheke si ou kalifye pou plizyè kalite avantaj, epi aplike pou SNAP nan **[myBenefits.ny.gov](https://myBenefits.ny.gov)**



**SNAP**  
Supplemental Nutrition Assistance Program

Yon Pwogram Biwo Asistans Tanporè ak Dezabilite

*Enstitisyon sa se yon founisè opòtinite egal.*

[otda.ny.gov](https://otda.ny.gov)  
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